



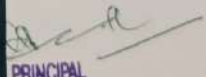
NAGARJUNA
COLLEGE OF MANAGEMENT STUDIES

WORKSHOP ON
HUMAN PROCESS LABORATORY

For 2nd Year BBA

Resource Person
Prof. Madaiah Madegowda.
Consultant HRD & OD




PRINCIPAL
COLLEGE OF MANAGEMENT STUDIES
ballapur-562101

03-09-2019 - 06-09-2019

**Report on
Student Development Programme,
“HUMAN PROCESS LAB”**

Date: 03 September 2019 to 06 September 2019

Place: Seminar Hall, Main Block, Nagarjuna College of Management Studies

Number of Beneficiaries: In house: 53 External: NIL

Classes Attended: I Year Advanced BBA

Name Of The Resource Person:

Prof. Madaiaha Madegowda, Consultant, OD and HRD

Objective:

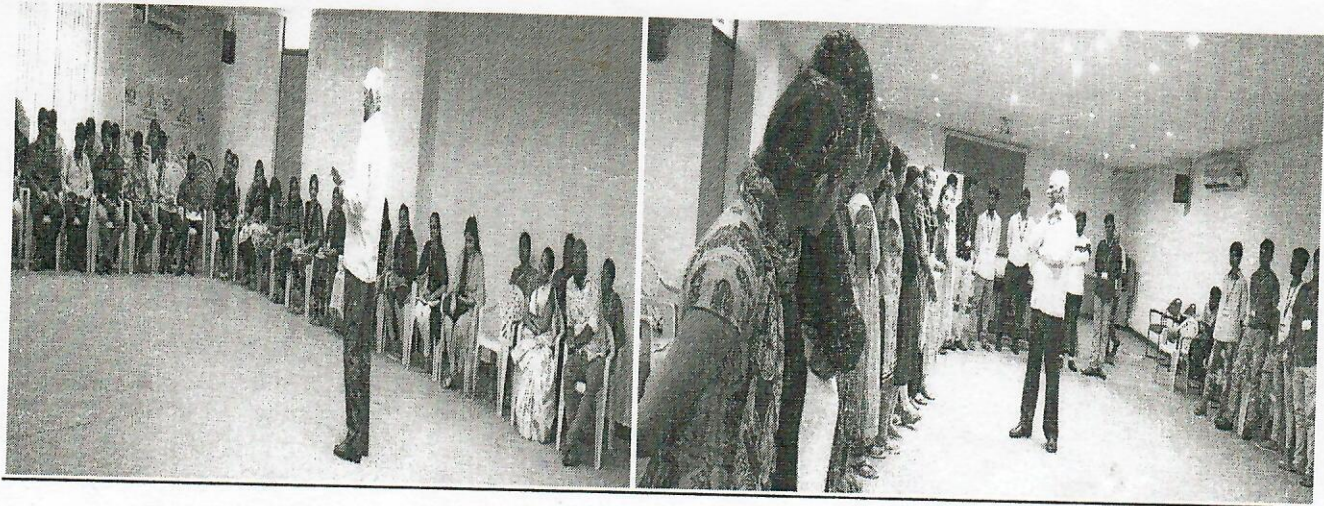
- To aim at helping people to understand themselves and others better and discover more creative and satisfying ways of relating and working.
- To reflect on students' natural behaviours, conceptualising and experimenting rather than lectures or cognitive presentations are the chief ingredients in this process of learning.

Brief Write up on the Programme:

DAY 1

03 September 2019

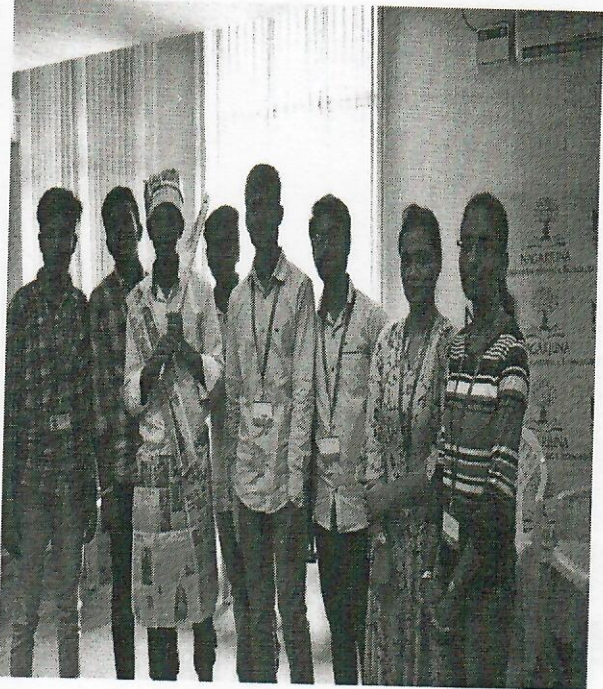
The session was inaugurated by our Principal Dr. Anandamma N. The resource person, Prof. Madaiaha Madegowda, started the session with his inspiring words. The first day of the SDP was designed to provide a forum for discussing effective learning through different activities and interactive sessions. The resource person made the students realize the best ways to use the class hours and study centers, best practices for time management, preparing for the challenges that may arise in life, determining the values of life and many more, through the activities on stress management and teamwork.



DAY 2

04 September 2019

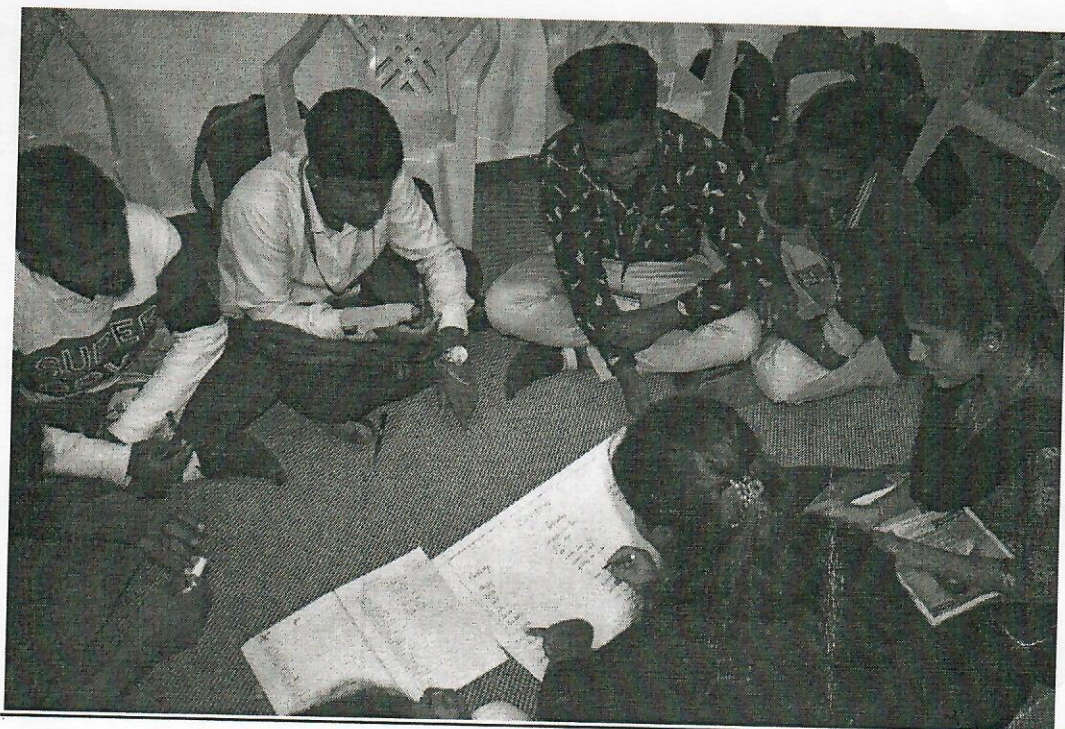
The second day of the SDP was designed to provide a forum for discussing effective ways to understand emotions through different activities and interactive sessions. The resource person made the students realize the best ways to express emotions and the different ways to express know their effects on human life. And group activities were conducted to list the types of emotions, their role in life and effects of positive and negative emotions.



DAY 3

05 September 2019

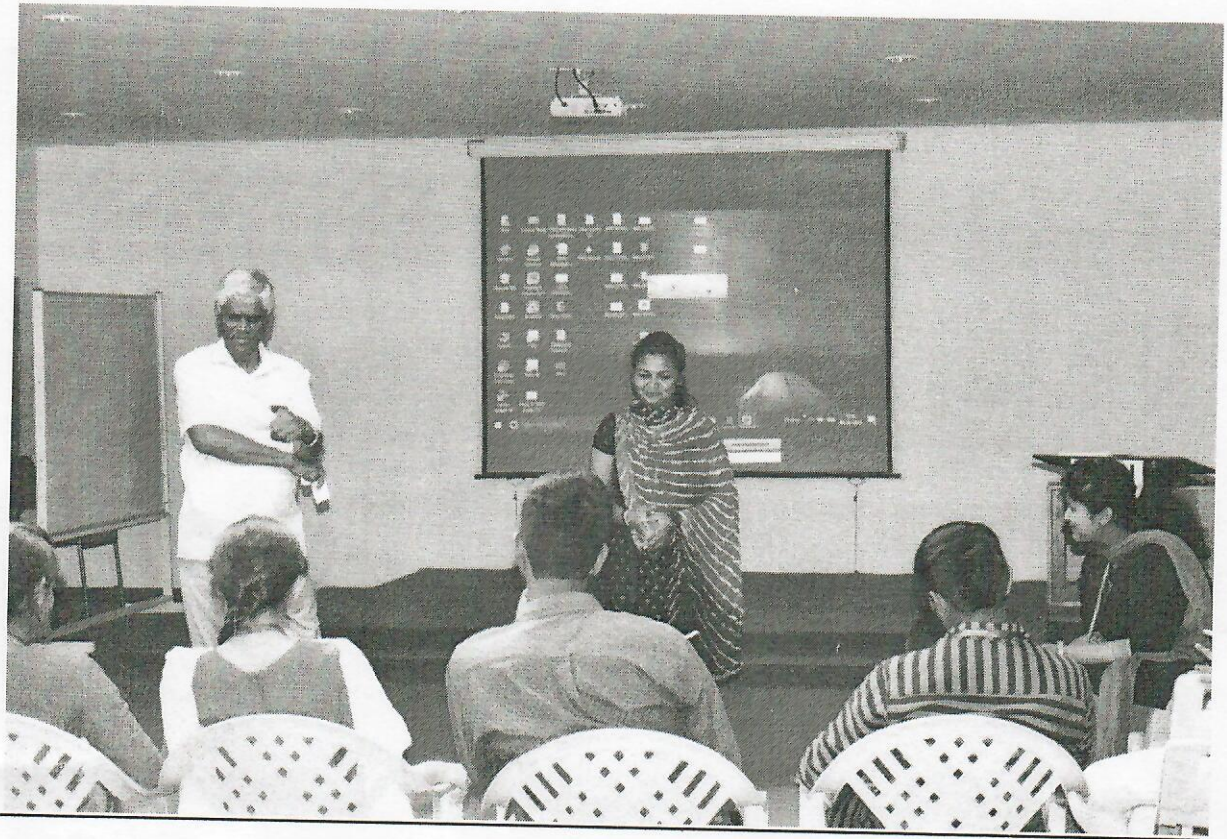
The third day of the SDP was designed to provide a forum for discussing effective listening and observing through different activities and interactive sessions. The resource person made the students realize the best ways to observe things analyse their features and their role in our daily life. He also explained the advantages of active listening through the activities like fishbowl and creative thinking.



DAY 4

06 September 2019

The fourth day of the SDP was designed the session to provide a forum for discussing effective methods to know themselves through different activities and interactive sessions. The resource person of the session, made the students realize the best ways to analyse their daily activities and know themselves better and improve their behaviours through the activities like questionnaire, locus of control, and convincing human mentality.



Learning Outcome:

Students realize the specific facts and concepts of life and of the way in which these facts and concepts are organised in the life disciplines. It promotes the students' ability to identify the questions and concepts that guide in one's life.

Feedback:

The students get a chance to work out the plan of improvement in a way that is not possible in front of the class. We can answer any questions and critically analyze it regarding the management processes of life. SDP also gave greater clarity about various management concepts for students as they can practically see how these concepts put into action in life.

Report prepared by
ANIL KUMAR A

Anil Kumar A
(Name and signature)

S. Kumar
Head of the Department

[Signature]
Principal

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